

University of Indianapolis – *College of Education & Behavioral Sciences***2025-2026 Curriculum Guide for Psychology Major (PSYC) with Pre-Occupational Therapy Concentration (POT)
Bachelor of Science – Three-Year Plan**

Students majoring in Psychology and planning to apply for early entry to the graduate Occupational Therapy program must complete the requirements for the Psychology major, the General Education Core requirements and the Pre-Occupational Therapy requirements during the first three years of study. Completion of these sets of requirements will take careful planning; therefore, you should consult with your academic advisor on a regular basis. The following is a **suggested** three-year plan.

NOTE: Some courses at UIndy may have prerequisites that are not required by the Gen Ed Core, the major or the OT program prerequisites. Please consult the Academic Catalog regularly for prerequisite information.

NOTE: For program prerequisites, the OT program does not accept Advanced Placement (AP) credits for prerequisite work. If you have AP credits, please check with your academic advisor prior to registration.

Consult the General Education Core Curriculum Guide when choosing core classes

Year I – Semester I (17 hours)

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|-------------------|--|--|
| • INTD 101 | New Student Experience (1)* | Gen Ed Core – New Student Exp. * |
| • PSY 124 | Fndtns of Psychological Science I – Research Methods (3) | PSY Major – 1 ST Year Course ** |
| • MATH180 | College Algebra and Trigonometry (4) | Gen Ed Core – Mathematics Comp * |
| • ENGL 101 | Intro to College Writing (3) | Gen Ed Core – Critical Thinking * |
| | | POT recommendation |
| • FYS XXX | First Year Seminar (3) | Gen Ed Core – FYS * |
| • COMMXXX | Communication Course (3) (<i>COMM 100 recommended for POT</i>) | Ged Ed Core – Communication* |

Year I – Semester II (17-18 hours)

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|-------------------|--|--------------------------------|
| • PSY 245 | Lifespan Psychology (3) ** | PSY Major - Core ** |
| | | POT requirement |
| • CHEM150 | General Chemistry I (3) | POT requirement – Fulfills the |
| | Chemistry or Physics prerequisite [#] | |
| • CHEM151 | General Chemistry I Lab (1) | |
| • OR | | |
| • PHYS 103 | Introduction to Physics (4) OR | POT Requirement - Fulfills the |
| | Chemistry or Physics prerequisite # | |
| • PHYS 150 | General Physics I (4) | |
| • PSY 215 | Social Psychology (3) | PSY Major- Core** |
| • LIT XXX | Literature Course (3) (ENGL 102 strongly recommended for POT) | Gen Ed Core – Literature * |
| • LANGXXX | Modern Language (101 level) (4) | Gen Ed Core – Mod Lang * |
| | This class meets the Modern Language Requirement of the Gen Ed Core. If language proficiency is already demonstrated, another 3-4 credit hour course may replace this class. | |

Year I – Summer Term[±] (6 hours)

- | | | |
|------------------|--------------------------------|------------------------------|
| • PSY 120 | Introduction to Psychology (3) | POT requirement – Gen Psyc # |
| | | PSY Major-Elec** |
| • ELECXXX | Elective course (3) | |

*=UIndy core; ** = Psychology Major; # = Occupational Therapy Prerequisite; *Some courses may be available in the summer; the courses listed here are among them, though course availability in the summer is subject to change. Be sure to check the summer session course offerings when they become available each January.

Year II – Semester I (18.5 hours)

- **PSY 230** Brain & Behavior (3)
- **PSY 235** Cognitive Psychology (3)
- **BIOL 165** Intro to Cell Biology (4)
- **FA XXX** Fine Arts course (2-3); 2 credits if following this schedule
- **PHILXXX** Philosophy & Ethics Course (3)
- **ELEC XXX** Elective course (3)
- **INTD 201** Lecture/Performance Series (.5)

PSY Major – Core **
 PSY Major – Core **
 Ged Ed Core – Natural Science *
 POT recommendation - Biology#
 Gen Ed Core – Arts *
 Gen Ed Core –Philosophy & Ethics*
 Ged Ed Core – Lect/Perf *

Year II – Semester II (16.5 hours)

- **PSY 300 level**Readings Courses in Psychology (3)
- **MATH245** Statistics for the Sciences (4) OR
- **MATH220** Elementary Statistics (4)
- **GA/ECD XXX**
- **REL XXX** Religion course (3)
- **SOC 101** Principles of Sociology (3) OR
- **ANTH100** Cultural Anthropology (3)
- **INTD 202** Lecture/Performance Series (.5)

PSY Major**
 PSY Major – (Sub for PSY 125)**
 POT requirement - Statistics#
 Gen Ed Core –Global Awareness
 and Experiencing Cultural Diff (3)
 Gen Ed Core – Religion*
 POT requirement –Behavioral# &
 Gen Ed Core – Social Science*
 Gen Ed Core – Lect/Perf *

Summer Term[±] (6 hours)

- **PSY 300 level**Readings Courses in Psychology (3)
- **ELECXXX** Elective course (3)

PSY Major**

Year III – Semester I (16 hours)

- **HIST XXXI** History course (3)
- **BIOL 305** Human Functional Anatomy (4) /**BIOL 240** Vertebrate Anat. (4) OR
- **BIOL 330** Mammalian Physiology (4)
- **BIOL 200** Medical Terminology (2) OR
- **HSCI 120** Medical Term. for Rehab Prof. POT Requirement #
- **KINS 101** Wellness/Fitness for a Lifetime (1)
- **PSY 345** Abnormal Psychology (3)
- **PSY 400** Writing and Professional Development in Psychology (3)
Gen Ed Core – W/S Req. *

Gen Ed Core- History*
 POT Requirement-Anat/Physio #

Gen Ed Core – Wellness *
 POT req-Abnormal#/PSY Maj Elec**
 Precapstone**

Year III – Semester II (16 hours)

- **PSY 476** Capstone in Psychological Sciences (3)
- **BIOL 305** Human Functional Anatomy (4)/**BIOL 240** Vertebrate Anat. (4) OR
- **BIOL 330** Mammalian Physiology (4)
- **ELEC XXX** Elective course (3)
- **ELEC XXX** Elective course (3)
- **ELEC XXX** Elective course (3)

PSY Major **/ Gen Ed – Capstone *
 POT Requirement-Anat/Physio #

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NOTE: A grade of C- (1.7 on a 4.0 scale) or higher is required in all courses applying toward the Psychology Major.

NOTE: For program prerequisites, the UIndy OT program does not accept grades below a 'C' or Advanced Placement (AP) credits for prerequisite work. If you have AP credits, please check with your academic advisor prior to registration.

NOTE: The Bachelor Science Degree requires a minimum of 120 hours.

See the General Education Core Guide for additional course requirements.

Additional Notes:

1. Students may take general education courses any semester or during the summer.
2. If a student requires remediation in English or mathematics, he/she must attend summer school in order to complete the PSYO requirements in three years.
3. Students must fulfill all general education requirements prior to enrollment in the OT graduate program.
4. If the student is admitted to the graduate program following his/her junior year, he/she will receive a BS degree in Psychology upon successful completion of the first year of the graduate program.
5. Permission to the Occupational Therapy OTD program must have been completed in order to begin taking Occupational Science courses in Year IV.
6. Students must earn a minimum of 100 credit hours before they can be granted permission to take courses in the OT program.

Occupational Therapy Concentration Phase

Entry-level Occupational Therapy curriculum is subject to change. Please regularly check program website and admissions counselor.

Year IV for Early Entry Graduate Students**Year I for Traditional Graduate Students****Semester I**

- OTD 570 Issue in Practice (2) **(Course can count for PSY 400)**
- OTD 550 Research Methodology (2)
- OTD 652 Research Application I (1)
- OTD 500 Occupational Development (3)
- OTD 540 Applied Occupational Anatomy (1)
- BIOL 504 Gross Anatomy (6)
- OTD 501 Conditions in Occupation (3)

Semester II

- OTD 571 Issues in Practice II (2)
- OTD 541 Biomechanical for Occupation I (3)
- OTD 502 Applied Occupational Theory (3)
- OTD 503 Neuroscience for Occupation (3)
- OTD 551 Research Analysis (3) **(Course can count for PSY 405)**
- OTD 653 Research Application II (1)
- OTD 504 Therapeutic Skills (3)
- OTD 580 OT Process I (2)
- OTD 590 Level IA Fieldwork (.5)

To be considered for permission to start occupational therapy (OT) courses, individuals must have completed all major coursework (except those fulfilled by OT courses as outlined above), UIndy core, and OT prerequisite courses. Early Entry students are granted permission to take OT courses, but not admitted to the program until they have successfully completed first year OT coursework and their bachelor's degree has been conferred.

Pre-occupational therapy students are encouraged to communicate with the financial aid office directly as they plan the completion of their undergraduate degree and the start of occupational therapy graduate coursework.

REMEMBER: If you have any questions about the PSYC major with POT concentration and its requirements, contact your academic advisor. Courses and requirements sometimes change so keep in contact with your advisor.