Students majoring in Public Health and planning to apply for the graduate Occupational Therapy program must complete the requirements for the Public Health major, the General Education Core requirements and the Pre-Occupational Therapy requirements during their four years of study. Completion of these sets of requirements will take careful planning; therefore, you should consult with your academic advisor on a regular basis. The following is a suggested four-year plan.

NOTE: Some courses at UIndy may have prerequisites that are not required by the Gen Ed Core, the major or the OT program prerequisites. Please consult the Academic Catalog regularly for prerequisite information.

NOTE: For program prerequisites, the OT program does not accept Advanced Placement (AP) credits for prerequisite work. If you have AP credits, please check with your academic advisor prior to registration.

CONSULT THE GENERAL EDUCATION CORE CURRICULUM GUIDE WHEN CHOOSING CORE CLASSES.

Year I Semester I (17 hours)

- **BIOL 103** Principles of Human Anatomy (4)#
- **KINS 106** NSE: Kinesiology (1)*
- **MATH 180** College Algebra and Trigonometry (4)*^#
- **KINS 265** Current Topics in Public Health Content I (2)#
- **ENGL 101** English Composition (3)*^#
- **FYS ELEC** Select a First Year Seminar (will meet another General Education Requirement) (3)*

Year I Semester II (17-18 hours)

- **KINS 190** Intro. to Kinesiology, Health, and Sport Sciences (2)#
- **BIOL 104** Principles of Human Physiology (4) **#
- **KINS 260** Intro. to Community Health in Diverse Communities (3) (meets Global/Local Theoretical for General Education)*#
- **KINS 275** Current Topics in Public Health Content II (2)#
- **CHEM 150/151** General Chemistry I (3) & Lab (1)^
- **FA ELEC** Fine Arts Lecture (2-3)*

Year II Semester I (16 hours)

- **KINS 236** Theory of Health Behavior (3) [Prerequisites: KINS 260]#
- **ENGL 102** Western World Literature (3) *^#
- **HIST ELEC** World History since 1700 or other History course (3)*
- **BIOL 165** Intro to Cell Biology (4)^
- **PSY 120** Introduction to Psychology (3)^

Year II Semester II (18 hours)

- **KINS 330** Methods in Public Health Education(3) [Prerequisites: KINS 260 & KINS 236]#
- **KINS 331** Wellness Coaching (3) [Prerequisites: KINS 190 & KINS 236 or KINS 280]#
- **Gen Ed ELEC** Social Science (3) – Take SOC 101 or ANTH 100*^#
- **Gen Ed ELEC** Philosophy/Ethics (3)*
- **KINS 390** Health Comm./Social Mkt (3) [Prerequisites: KINS 236]#
- **PSY 245** Lifespan Psychology (3)^#
**Spring Term (3 credits)**

**Year III Semester I (15.5-16.5 hours)**
- KINS 101/104: Honors Wellness/Fitness for a Lifetime (1-2)*
- KINS 305: Grant Writing (3) [Prerequisites: KINS 260] (meets W/S requirement for general education)*#
- COMM 100: Public Speaking (3)*^#
- INTD 201: L/P Credit (.5)*
- PHYS 150: General Physics I (4)^
- MATH 245/220: Statistics for the Sciences (preferred) or Elementary Statistics (4)#^

**Year III Semester II (16.5 hours)**
- KINS 400: Assessment & Research in Health and Physical Activity (3) [Prerequisites: MATH 108 or Above AND KINS 260]#
- KINS 452: Health Policy and Advocacy (3) [Prerequisites: KINS 260]#
- INTD 202: L/P Credit (.5)*
- KINS 445: Skill Applications in Diverse Pub Hlth Settings (3) [Prerequisites: KINS 236, KINS 330]#
- REL ELEC: Judaic-Christian Traditions Requirement (3)*
- BIOL 305: Human Functional Anatomy (4) or BIOL 240 Vertebrate Anatomy (4)^

**Year IV Semester I (16 hours)**
- KINS 440: Epidemiology (3) [Prerequisites: KINS 400 OR MATH 220/245]#
- KINS 465: Planning, Implementation, Evaluation in Public Health (3) [Prerequisites: KINS 236, KINS 330 & KINS 400] (meets Global/Local Experiential for General Education)*#
- KINS 450: Health Disparities (3) [Prerequisites: KINS 260]#
- BIOL 330: Mammalian Physiology (4)^
- PSY 345: Abnormal Psychology (3)^

**Year IV Semester II (15 hours)**
- KINS 486: Directed Readings in Public Health (1)#
- KINS 495: Field Experience in Public Health Ed. & Prom. (6) Senior Status [Prerequisites: All major courses] (meets Capstone for General Education)*#
- BIOL 200: Medical Terminology (2)^
- LANG ELEC: Modern Language (4)*
- FA ELEC: Fine Arts Applied (2)*

*=UIndy core;  # = Public Health Major.; ^ = Occupational Therapy Prerequisite
Directed Electives (Select from the following list):

- KINS 266 Sexuality & Human Health (3)
- KINS 245 Principles and Practices of Exercise Science (4)
- KINS 249 Basic Sport/Community Nutrition (2)
- KINS 268 Stress Management & Human Health (3)
- KINS 420 Drugs & Social Involvement (3)
- KINS 480 Special Topics in Health and Physical Education (1-3)
- PSY 220 Child and Adolescent Development (3)
- PSY 245 Lifespan Development (3)
- PSY 360 Adult and Development and Aging (3)
- ANTH 335 Global Health (3)
- GERO 301 Interdisciplinary Perspectives in Aging (3)
- ENGL 489 Writing/Editing for Nonprofits (3)
- SOC 235 Environmental Sociology (3)
- SOC 220 Race and Ethnic Relations (3)
- SOC 250 Gender Issues in Law and Society (3)
- SOC 315 Cities and Communities (3)

Public Health Education and Promotion is a 60 hour major.

A grade of C (2.0 on a 4.0 scale) or higher is required in all courses applying toward the Public Health Education & Promotion Major.

The Bachelor of Science degree requires a minimum of 120 hours.

This program may require attendance in both day and extended programs classes.

See the General Education Core Guide for additional course requirements.

A student may complete more than one major as long as each major has at least 24 discrete hours. Please see the Academic Catalog for additional details.

REMEMBER: If you have any questions about the Public Health Education & Promotion Major requirements, contact the Center for Academic Advising and Student Achievement, (788-2057; Schwitzer Center, Room 206). Courses and requirements sometimes change so keep in contact with your advisor.