University of Indianapolis – College of Health Sciences
Curriculum Guide for Public Health Education and Promotion (PHEP)
Applied Public Health Concentration
Bachelor of Science

NOTE: Some courses at UIndy may have prerequisites that are not required by the Gen Ed Core or the major. Please consult the Academic Catalog regularly for prerequisite information.
CONSULT THE GENERAL EDUCATION CORE CURRICULUM GUIDE WHEN CHOOSING CORE CLASSES.

Year I Semester I (16 hours)
- BIOL 103 Principles of Human Anatomy (4)#
- KINS 106 NSE: Kinesiology (1)*
- HIST 102 World History since 1700 or other History course (3)*
- KINS 265 Current Topics in Public Health Content I (2)#
- ENGL 101 English Composition (3)*
- FYS ELEC Select a First Year Seminar (meets another General Education Requirement) (3)*

Year I Semester II (16-17 hours)
- KINS 190 Intro. to Kinesiology, Health, and Sport Sciences (2)#
- BIOL 104 Principles of Human Physiology (4) *#
- KINS 260 Intro. to Community Health in Diverse Communities (3) (meets Global/Local Theoretical for General Education)*#
- KINS 275 Current Topics in Public Health Content II (2)#
- FA ELEC Fine Arts Lecture (2-3)*
- ENGL ELEC Western World Literature or other Literature course (3)*

Year II Semester I (15-16 hours)
- KINS 236 Theory of Health Behavior (3) [Prerequisites: KINS 260]#
- MATH ELEC 150 or above preferred (4)*
- FA ELEC Fine Arts Applied (2-3)*
- ELEC ELEC Directed Elective from List (3)#
- ELEC ELEC Elective (2-3)

Year II Semester II (15 hours)
- KINS 330 Methods in Public Health Education (3) [Prerequisites: KINS 260 & KINS 236]#
- KINS 331 Wellness Coaching (3) [Prerequisites: KINS 190 & KINS 236 or KINS 280]#
- Gen Ed ELEC Social Science (3)*
- Gen Ed ELEC Philosophy/Ethics (3)*
- KINS 390 Health Comm./Social Mkt (3) [Prerequisites: KINS 236]#

Spring Term (3 credits)*

Year III Semester I (15.5-16.5 hours)
- KINS 101/104 Honors Wellness/Fitness for a Lifetime (1-2)*
- KINS 305 Grant Writing (3) [Prerequisites: KINS 260] (meets W/S requirement for general education)*#
- COMM ELEC Public Speaking OR Business and Professional Communication (3)*
- INTD 201 L/P Credit (.5)*
- LANG ELEC Modern Language (4)*
- MATH 245/220 Statistics for the Sciences (preferred) or Elementary Statistics (4)*#

*=UIndy core;  # = Public Health Major.

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Year III Semester II (15.5 hours)

- KINS 400 Assessment & Research in Health and Physical Activity (3) [Prerequisites: MATH 108 or Above AND KINS 260]#
- KINS 452 Health Policy and Advocacy (3) [Prerequisites: KINS 260]#
- INTD 202 L/P Credit (.5)*
- KINS 445 Skill Applications in Diverse Pub Hlth Settings (3) [Prerequisites: KINS 236, KINS 330]#
- REL ELEC Judaic-Christian Traditions Requirement (3)*
- ELEC ELEC Elective (3)

Year IV Semester I (15 hours)

- KINS 440 Epidemiology (3) [Prerequisites: KINS 400 OR MATH 220/245]#
- KINS 465 Planning, Implementation, Evaluation in Public Health (3) [Prerequisites: KINS 236, KINS 330 & KINS 400] (meets Global/Local Experiential for General Education)##
- KINS 450 Health Disparities (3) [Prerequisites: KINS 260]#
- ELEC ELEC Elective (6)

Year IV Semester II (15 hours)

- KINS 486 Directed Readings in Public Health (1)#
- KINS 495 Field Experience in Public Health Ed. & Prom. (6) Senior Status [Prerequisites: All major courses] (meets Capstone for General Education)##
- ELEC ELEC Elective (8)

Directed Electives (Select from the following list):

- KINS 266 Sexuality & Human Health (3)
- KINS 245 Principles and Practices of Exercise Science (4)
- KINS 249 Basic Sport/Community Nutrition (2)
- KINS 268 Stress Management & Human Health (3)
- KINS 420 Drugs & Social Involvement (3)
- KINS 480 Special Topics in Health and Physical Education (1-3)
- PSY 220 Child and Adolescent Development (3)
- PSY 245 Lifespan Development (3)
- PSY 360 Adult and Development and Aging (3)
- ANTH 335 Global Health (3)
- GER0 301 Interdisciplinary Perspectives in Aging (3)
- ENGL 489 Writing/Editing for Nonprofits (3)
- SOC 235 Environmental Sociology (3)
- SOC 220 Race and Ethnic Relations (3)
- SOC 250 Gender Issues in Law and Society (3)
- SOC 315 Cities and Communities (3)

Public Health Education and Promotion is a 60 hour major.
A grade of C (2.0 on a 4.0 scale) or higher is required in all courses applying toward the Public Health Education & Promotion Major.
The Bachelor of Science degree requires a minimum of 120 hours.
This program may require attendance in both day and extended programs classes.
See the General Education Core Guide for additional course requirements.
A student may complete more than one major as long as each major has at least 24 discrete hours. Please see the Academic Catalog for additional details.

REMEMBER: If you have any questions about the Public Health Education & Promotion Major requirements, contact the Center for Advising and Student Achievement; (317) 788-2057; Schwitzer 206). Courses and requirements sometimes change so keep in contact with your advisor.